

Working with Deaf, Deafblind and Hard of Hearing people of all ages, to facilitate and enable them to participate fully in the life of the Church, sharing their own gifts.



**March 2026**  
**2<sup>nd</sup> Sunday of Lent Year A**  
**Bishop Paul McAleenan**

This month we celebrate the feast of St Joseph. We remember him as the husband of Mary and the foster father of Jesus. As the patron saint of Westminster Diocese and the universal church. St Joseph **Pray for us**



Almighty God, You chose Saint Joseph to watch over the beginning of the mysteries of human salvation, through his prayers and faithful care, we pray the Church will also watch over the same mysteries of human salvation. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever. **Amen** Prayer from: Deaf Sacramentary

### Deaf Community Mass in Westminster Cathedral Hall

Join us on Sunday 1<sup>st</sup> March 4.30pm  
at Westminster Cathedral Hall, Ambrosden Avenue, Victoria SW1P 1QH

Please do not come to Mass if you are not well  
with something that other people might catch e.g. flu, Covid, upset stomach



**THANK YOU VERY MUCH FOR YOUR DONATIONS LAST MONTH**  
**Collection £136.70      Mary's Meals £10.30      ADVP £3.08**

Want to donate online? <https://caritaswestminster.org.uk/deafservice/donate/>

### CARITAS DEAF SERVICE

Shell Roca SMS: 07779 341136 Email: [michelleroca@rcdow.org.uk](mailto:michelleroca@rcdow.org.uk)  
Vaughan House, 46 Francis Street, London SW1P 1QN

Sarah Metcalfe SMS: 07936 939523 Email: [sarahmetcalfe@rcdow.org.uk](mailto:sarahmetcalfe@rcdow.org.uk)  
St Joseph's Pastoral Centre, St Joseph's Grove, The Burroughs, Hendon, London NW4 4TY

**Safeguarding is everyone's responsibility**  
**If you have any safeguarding concerns please contact a member of the team**

#### Advisory Group:

Canon Norbert Fernandes, Chair [wgc@rcdow.org.uk](mailto:wgc@rcdow.org.uk)

[www.caritaswestminster.org.uk/deafservice](http://www.caritaswestminster.org.uk/deafservice)  
[www.facebook.com/wddservice](https://www.facebook.com/wddservice)



@CaritasDeaf



@deafservice5095

## Mass in Word and Sign at St Mary and St Michael, Commercial Road

Sunday 8<sup>th</sup> March 10.30am  
at 2 Lukin Street, Commercial Road E1 0AA

How to get there: The nearest bus stops are 15, 115 and 135  
The nearest train and DLR stations are Shadwell



### Stations of the Cross

Join us in Westminster Cathedral at 3pm at the first Station near the Blessed Sacrament Chapel on the following Fridays: 6<sup>th</sup> and 27<sup>th</sup> March

Pick up your copy of the Stations of the Cross leaflet today  
Alternatively, you can watch and pray the Stations on our YouTube channel

 <https://www.youtube.com/@deafservice5095/playlists>



### Holy Week

This year Holy week begins on Palm Sunday 29<sup>th</sup> March with a Signed Mass 10am at St Gregory the Great, South Ruislip and continues with the Triduum Services at Maria Assumpta Chapel, Kensington

**Come and join us... Pick up your copy of the Holy Week services today**

### Spiritual Communion

A prayer written by Saint Alphonsus Liguori in the 18<sup>th</sup> century for times when we cannot receive Holy Communion e.g. you are ill or watching Mass online

My Jesus, I believe that you are present in the most Blessed Sacrament.

I love You above all things and I desire to receive You into my soul.

Since I cannot now receive You sacramentally, come at least spiritually into my heart.

I embrace You as if You were already there, and unite myself wholly to You.

Never permit me to be separated from You. Amen.

There are other online signed Masses that you can watch. Please check on each website for full details

- Fr Paul Fletcher SJ, Jesuit Oratory, Manchester 8am

Watch live on Zoom details: Meeting ID 976 2057 9331 Passcode CDA-1971

Watch any time after 10.30am <https://www.youtube.com/channel/UCPp6JYixgJsWkiCQ2OdLzhg>

or follow the Catholic Deaf Association on Facebook

- Fr Patrick Devlin, Hannahstown Parish, Belfast (St Joseph's Church webcam) Sunday 11.30am

<https://www.parishofhannahstown.com/copy-of-mass-times>



## Reconciliation

Presented by: Louise Walton Catechesis Coordinator,  
Agency for Evangelisation Interpreted by the team

Join us on **Tuesday 10<sup>th</sup> March 11.30-1pm**  
**Vaughan House 46 Francis Street, London SW1P 1QN**



## Deaf Lunch Club

**Tuesday 17<sup>th</sup> March**

**11am - 3.30pm in the Hinsley Room**

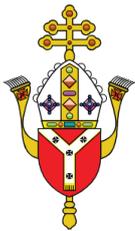
**If you want to join this group please come and chat to Shell**



**On the day: - Please SMS before 9am**



Shell or Sarah to let us know that you are coming so we can cater for the right number of people  
Please don't come if you feel unwell, have Covid or flu symptoms,  
or have an upset stomach



## Archbishop Richard Moth the 12<sup>th</sup> Archbishop of Westminster

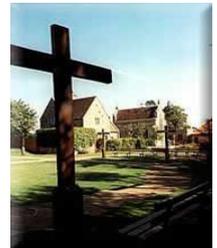
A card welcoming Archbishop Richard  
has been sent on behalf of the Deaf community



## CDA Annual Walsingham Pilgrimage Saturday 16<sup>th</sup> May 2026

Join us for the pilgrimage to this historic and pretty village  
this year, with Bishop Paul McAleenan

**Coach leaves from Victoria at 7.30am**  
**Booking Forms available now**



## Signs of Hope...



Deaf Counselling

Do you have a problem you would like  
to talk to someone about confidentially?  
Do you need some support through a difficult  
time in your life?

Do you find it difficult to cope with life  
sometimes? Maybe counselling would help



Counselling is fully confidential, Deaf-Aware and available in BSL, SSE, Deafblind Manual Alphabet  
or Spoken English (mini-loop available).

Contact: Nikki Dhillon Keane [email: signsofhope@rcdow.org.uk](mailto:signsofhope@rcdow.org.uk) sms: 07936 939522

Vaughan House, 46 Francis Street, London SW1P 1QN

*Any counsellor working for Westminster diocese is fully qualified and either BACP accredited or eligible for  
BACP accreditation. All counsellors would follow the BACP Code of Ethic and Practice*

**Genesis 12:1-4a****2 Timothy 1:8-10****Matthew 17:1-9**

Six days later, Jesus went up a high mountain with Peter and the two brothers, James and John. They were alone with Jesus. The three disciples saw Jesus change. His face became bright like the sun. His clothes were white like light. Suddenly, two men appeared, Moses and Elijah, and they were talking with Jesus. Peter said to Jesus, "Lord, it is wonderful for us to be here. If you want, I will make three tents here, one for you, one for Moses and one for Elijah." While Peter was talking, a bright cloud came, and the shadow covered the three disciples. A voice from the cloud said,

"This is my Son, the Beloved. I am pleased with him. Listen to him."

When the disciples heard the voice, they fell to the ground, terrified. But Jesus came and touched them. He said, "Stand up. Do not be afraid." Then they looked up and saw no one but only Jesus.

When they walked down the mountain, Jesus gave them this order, "Tell no one about the things you saw today. Wait until the Son of Man has risen from the dead."

**Hidden in the word search are words from the Gospel reading above including one extra word.**

**See if you can find them!**

T	Y	T	O	U	C	H	E	D	T	X	Z	I	C
E	Z	P	V	M	O	U	N	T	A	I	N	H	Y
N	Y	B	T	X	C	I	O	D	Z	C	T	G	V
T	D	E	P	P	O	R	D	E	R	F	L	Y	R
S	P	I	L	I	Y	W	A	T	L	E	A	Y	B
Z	A	T	E	I	K	R	B	V	I	T	K	C	G
L	P	U	A	T	J	D	V	M	G	D	R	F	E
E	S	S	S	C	W	A	N	Q	H	V	D	N	X
G	H	I	E	P	D	O	H	S	T	Q	Y	U	K
U	A	X	D	G	U	B	S	X	U	T	N	R	T
A	D	K	R	E	Y	F	F	E	V	N	N	I	H
D	O	E	C	W	A	I	T	D	I	B	H	B	R
D	W	I	S	W	S	C	L	O	T	H	E	S	E
Z	X	M	O	S	E	S	A	R	V	T	H	E	E

MOUNTAIN  
PLEASED

CLOTHES  
TOUCHED

THREE  
LIGHT

MOSES  
ELIJAH

TENTS  
ORDER

FACE  
WAIT

TWO  
SIX

SUN

The hidden word in February REJOICE