

Pastoral Service for Deaf & Hard of Hearing People









2025 December No. 48

#### Greetings everyone,



Its 11<sup>th</sup> November as I write this editorial, a mild November day unusually warm for this time of year, we remember Armistice Day, marking the end of World War I and we recently remembered All Souls who died in both World War I and II, as well as those who died in current wars. Thousands gave their lives so we could have a better future. We remember them!

Louise Taylor has authored an interesting article for this edition, from her Perspective about Remembrance Day.

I would like us to remember all those who have died in the many recent natural disasters, throughout the world. We pray the world pulls together to send aid as people struggle to survive. We pray for unity and peace.

A group of us visited St Michael's Abbey in September, a small Benedictine Monastery in Farnborough, rich in history. See Harry Robertson's lovely article on page 4.

In October Fr Rags celebrated his 70<sup>th</sup> birthday, and it was lovely that the Deaf community and friends got together to surprise him by celebrating his special occasion with a party which took place after the 1<sup>st</sup> of November Signed Mass in the hall.

This year due to Horsham's parish programme, the Deaf Community celebrated signed Mass at St Wilfrid's Catholic Church in Burgess Hill in February and March, and at St Edward the Confessor, Keymer in Hassocks for our last Signed Mass of the year in December. Next year we will be visiting the parish of Our Lady of Sorrow in Effingham, Leatherhead for February 7th, and twice in March 7<sup>th</sup> and 28th, there is no Mass in April. This is a good opportunity to raise Deaf awareness around our Diocese. The rest of the time, we continue to celebrate Mass in Horsham.

I hope you enjoy this edition.

Wishing you all a blessed, joyful, and prayerful Advent as we prepare for the birth of Christ. Dear sisters and brothers in Christ.

I am trying to comprehend that I am in my retirement, so far, 3 years and 3 months. I cannot believe how fast it has gone. I have kept busy during this time by doing supply Masses and Reconciliation around the Diocese. I have also been spending time authoring my book which will be published next year, in my 80<sup>th</sup> year.



I am glad to say that the Diocesan Pastoral Plan "The Word Who is Life" is coming on, where the 11 Deaneries are becoming 11 new Parishes. There is great hope that the Clergy and Laity will take on more authority and responsibility together in the growth of the new Parish with the help of the Holy Spirit.

I am also delighted that Bishop Richard is coming to celebrate the Signed Mass in Horsham on 6th May next year. He always comes to us every year and really enjoys being with us for the Mass and social afterwards. Please keep each one of us, and our Diocesan Family in your prayers with the guidance of the Holy Spirit through each one of us.

As I write this message, I want to let you know that I am going on holiday to Ireland with my car on the Ferry from Fishguard to Rosslare, staying over two nights with a priest friend in Wales. Then spending 3 weeks in Ireland itself. Then I return to the UK, staying over two nights with another priest friend in England, arriving home on 11<sup>th</sup> December.

Let us all continue to pray for Pope Leo XIV for his Universal Ministry to bring a new awareness of the Father's Faith, Hope, and Love for each of us and all of us together, as He did for His beloved Son while on earth, despite our sinfulness of each other.

And to conclude, we will all pray to respond to our shared Eternal Father during the season of Advent and Christmas with the gifts of the Holy Spirit.

Your brother in Christ.		
lan.		
Fr. Ian Byrnes.		

# St Michael's Abbey, Farnborough: Fruit of Broken Dreams 20<sup>th</sup> September 2025

By Harry Robertson



St Michael's Abbey, Farnborough, a small Benedictine community, lies on the Hampshire/Surrey border about 30 miles from London. Although the Abbey is only a few miles from the M3 motorway, its location, set on a hill among dense woodland, gives it a remote and secluded aspect.

The entrance – not prominently marked - is via a narrow roadway, which leads between overhanging tree canopies to an opening where the dome of the Abbey Church is suddenly visible ahead, above the tree line.

On a cool mid-September day, our Deaf and Hard of Hearing pilgrim group from the Arundel & Brighton Diocese, together with supporters, made its way to the Abbey. Some, searching for the entrance, circled around the nearby streets, but eventually we all arrived and agreed the journey was well worth it.

Waiting to welcome us was the smiling Father Abbot, Dom Cuthbert Brogan, who engaged warmly with both spoken words – and BSL signs. As he explained, early in his career he had been trained to sign interpret for Masses.





We walked up to the Abbey Church, passing several picturesque co-joined buildings, part of the monastery complex. The road was carpeted with fallen chestnut fruits. My immediate thought was that they were horse chestnut fruits, and I imagined the monk's playing conkers in their spare time. Alas, my wife identified them as the edible sweet chestnut species and Fr Abbot confirmed this, adding that they found a culinary use for them at Christmastide.

The exterior of the church is French Gothic revival, and appropriate to its imposing location, the interior does not disappoint, being smallish but exquisitely formed.

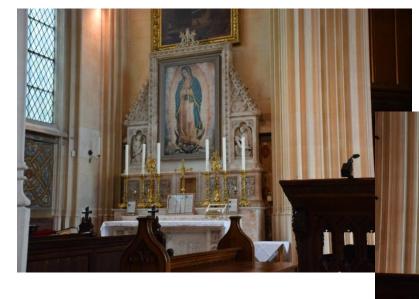


At the entrance is the obligatory statue of St Benedict, then the nave, with soaring walls on either side, which leads to the imposing central high Altar, surmounted by a statue of St

Michael



and flanked by two side altars;
Our Lady of Guadalupe and St Joseph.



Adding to the fine impression are two large paintings from the Tuileries Palace in France.

The community at Farnborough enjoys a reputation for beautiful liturgy with Mass and the Divine Office celebrated in Latin with traditional Gregorian chant. For our visit the liturgy was in English and presided over by Fr Abbot Cuthbert and co-celebrated by Fr Ian Byrnes, Deaf Service Director & Chaplain. Readings, Intercessions and other parts of the Mass were voiced over and signed by members of our Deaf and Hard of Hearing community.



Following Mass, Fr Abbot Cuthbert introduced Dom Hugh, one of the monks, who proceeded to tell us all about St Benedict, the Benedictine way of life, and the Farnborough Community. Benedictines have lived here since 1895 and the community is small, less than a dozen, and young. They live a traditional life of prayer, work and study according to the Rule of St Benedict. At the heart of their life is the dignified celebration of the daily round of the Mass and Divine Office – with Office starting at 5.00am, a fact that caused audible gasps.

Dom Hugh was an excellent storyteller and guide, with a wonderfully dry style. Key to the establishment of the Abbey was the story of the French Imperial Family's exile to England and, to explain further, he led us into the Imperial Crypt

Chapel situated below the church.







The story begins with the Emperor Napoleon III of France (nephew and heir to the Emperor Napoleon I) who, following the disastrous Franco-Prussian War in 1870, was forced into exile in England, together with his wife Empress Eugenie and their only son Louis. Napoleon III subsequently died in 1873 in Kent.

There were ambitions for the son Louis-Napoleon Bonaparte, the Prince Imperial, to one day restore the Bonaparte family's power in France, as King or even Emperor. Although he graduated from the Royal Military Academy at Woolwich as an artillery officer, he was lacking in one critical quality, combat experience. To remedy this, aged 23, he notified his mother that, with Queen Victoria's permission, he was joining British troops embarking for South Africa to take part in Britain's Anglo-Zulu wars.

Four months later he was dead. Ambushed by Zulu warriors and with only a pistol to defend himself, he fell victim to 17 spear wounds. His valour was evident...but was demonstrated at the cost of his life.

Following the deaths of her husband and son, the devastated Empress Eugenie recuperated at Osbourne House for several months, supported by her friend Queen Victoria.



She decided to construct a permanent mausoleum for the bodies of her husband and son in a church that she could view from her private rooms. The mausoleum was to include a monastery building and lands for a permanent community of monks to serve the chapel.







This is the origin of today's Benedictine order in Farnborough, and the priory church was raised to Abbey status in 1903. In 1920, the Empress died and is interred in the crypt, in one of the three sarcophagi gifted by Queen Victoria.



In a thoughtful mood we walked to the meadow, past where the Abbey sheep were grazing, to a building where we relaxed and enjoyed our picnic lunches.



Afterwards, we milled in the Abbey Shop queuing to purchase beeswax candles, rosaries, prayer cards,





books, incense, St Benedict medals and souvenirs – sadly, the honey had sold out a couple of months previously. In addition to their lives of prayer, liturgy and study, the busy monks operate a small sheep farm, keep bees, undertake publishing and bookbinding, and cater for visitors as well as cleaning, cooking, gardening and the 1,001 tasks needed to maintain a monastery.

In summary, we greatly enjoyed the hospitality of the monks, and the rare opportunity to accompany them at Mass in their historic church. We contemplated how the memory of the broken dreams of the Bonaparte family has, through the grace of God, been transformed into the living fruit we see today.











#### CDA CONFERENCE 2025 - 10<sup>TH</sup> - 12<sup>TH</sup> OCTOBER

The Catholic Deaf Association (CDA) Conference took place on Friday 10<sup>th</sup> October. People started arriving from 3pm onward at Hinsley Hall, Conference/Pastoral/Hotel, Leeds. At first glance from the outside, the building looks bleak and dark, like something out of a Harry Potter film.



Thankfully, the inside is warm and welcoming, and the staff were very attentive. Participants of the Conference checked in to their rooms and settled for the evening. After supper everyone gathered in the Margaret Clitheroe Conference room for the AGM. Around 48 people were present.

On Saturday the Conference began; the theme was "Pilgrim of Hope". Our guest speaker was Rev Fr Eamonn Mulcahy CSSp, belonging to the Roman Catholic Religious Congregation of the Holy Spirit; "Spiritans".

Fr Eamonn gave a fantastic presentation on the theme of "Pilgrim of Hope". Everyone

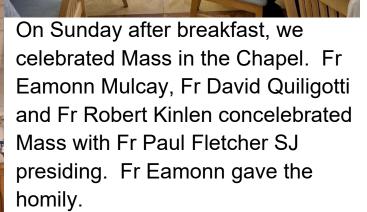


present was glued to their seats and were in awe just watching him speak with deep, profound, spiritual faith, about the meaning of Hope. Having just arrived from Rome, Fr Eamonn shared his hope, excitement and

profound gratitude at having had the opportunity to concelebrate Mass with Pope Leo, he could not believe it himself.

It was a truly inspiring and powerful presentation which left many talking about it throughout the weekend and beyond.

After a delicious supper, we once again gathered in the Conference room for an "Auction" to raise much needed funds. This was a success, and everyone enjoyed themselves.







At the end of Mass, Sr Maria
McCready MBE was given the
award of "Honorary President
of the CDA", for her unfailing
and loyal dedication and
support for the Catholic Deaf
Association over the past 50
years.



Sr Maria was also given a few gifts, one being a framed picture of the present council members.



It's safe to say, it was a great Conference, well done everyone who worked hard over the year. Big thanks to the Chairperson; Joselyn Taylor, Chaplain Fr Paul Fletcher SJ, and all Council members - not forgetting the Interpreters.

Big thanks also to all the members of the CDA, without you there would be no CDA. Please continue to spread the word and, encourage young

people to become members for the future of the CDA.

# FR RAGS 70<sup>TH</sup> BIRTHDAY CELEBRATION BY PETER BOOKER

Another cause for celebration as the Deaf community of Arundel and Brighton celebrated Fr Rags' 70<sup>th</sup> birthday. Members of the Deaf community brought food to share, and a Special birthday cake with a Cricket theme was made specially for Fr Rags. Many congratulations Fr Rags.









#### **REMEMBRANCE DAY 2025 - A PERSONAL PERSPECTIVE**

#### By M. Louise Taylor

Since my teens I have regarded Remembrance Sunday as one of the most important days of the year. Thus, over a period of 35-40 years, I would be at the Cenotaph, initially on my own, but then for many years with my father, Archiebald. In 2010 I pushed him in a wheelchair there just 5 months before his death at the age of 95 years. Since then, I have attended the Requiem Mass for the Fallen, at Westminster Cathedral, at which members of the three services are present, and join us for coffee and a chat after Mass.

Until fairly recent years, I would then dash to the cemetery in South London where my parents lie buried, joining the Rosary Procession through the graves. But there are other rituals I engage in too, sometimes even before going to the cemetery.

The Field of Remembrance lies on the green between Westminster Abbey and Victoria Street. It serves for units or individuals to place poppy crosses for the War Dead. It exists only for Remembrance week and used to be opened annually by HRH Prince Philip. It is divided into areas of the various fields of action, and for each of the three services. Until about 15-20 years



ago, each division of the Army had a little plot, as did squadrons of the Royal Navy and Royal Air Force. Today, however, as most of the Veterans have died, and the next generation have also aged, many of the associations no longer exist.

We used to place our poppy cross for 81st West African Division, my father's unit. However, the last time I placed a cross, there was only one other in the plot. Today, sadly, there was no plot allocated, so I placed my cross under Royal West African Frontier Force, of which 81st had formed a part. As I approached the Field of Remembrance, I could hear a bagpiper playing "Flowers of the Forest", and found veterans of the Gordon Highlanders with other Highlanders, all kilted, holding a service. There were many of them with their padre, who even preached a sermon. I joined them as my father had been in the London Scottish, a territorial regiment, before the War. Again, sadly, there was no longer a plot for the proud London Scottish, whom the Kaiser had termed "Ladies from Hell" after the Battle of Messines in the First World War.

The piper brought the service to a close, and simultaneously, the single tenor bell of the Abbey tolled.

I was also at the Abbey for Evensong, as I occasionally attend on Remembrance Sunday, and was led by a red gowned usher to a seat in the choir stalls, adjacent to the choir. It is interesting to compare this choir to our own at the Cathedral, but actually, each produces a very different sound. The music and prayers were moving, but what was particularly interesting was the sermon about the significance of Remembrance Sunday.

The preacher spoke about the war generations and the slogan that was so often repeated: "It must never happen again". He reflected on efforts for peace by the United Nations but said that today powerful nations do not wish to take notice of warnings. He pointed to the dichotomy between the former attitude and the one being promulgated at the present time, namely, that countries must arm. The need to have weapons to be able to fight is a good thing, he intimated, but not if countries are led by unstable or reckless leaders. He expressed alarm at the urgency with which countries are now preparing for war. He ended by expressing the urgent need for us all to pray for peace.

After leaving the Abbey, I was just a few minutes late for Solemn Vespers at the Cathedral, sung by our own choir, this leading into Benediction.

So, am I obsessed with war and death, or is there some deeper reason why I dedicate the whole of Remembrance Sunday to remembering the dead? (I sometimes forgo all the afternoon rituals to get back to the memorial service at St Pauls in Haywards Heath.)

Luckily, none of my relatives died in the wars, but I like to focus on two things on Remembrance Sunday, namely, sacrifice and thanksgiving.

I think of each of the plots in the Field of Remembrance as little altars of sacrifice upon which we place our poppy crosses. We remember those who reflected in their deaths the words of Jesus: "Greater love hath no man than this, that a man lay down his life for his friends." (Jn 15:13)

We are still in awe of so many lives sacrificed, and can only offer prayers of thanksgiving that they stood up against the forces of evil for us all to be free. The young are very eager to pay their respects too, and actually go and thank personally many of the Veterans they see wearing their medals.

I am also thankful for my own parents, and for all who fought, or just worked for the war effort and survived, and that I had the privilege of going to the Cenotaph and the VE and VJ commemorations with my father for so many years, when we met wonderful veterans who had served in the Second World War, and more recent conflicts. Of course, all our generation met Veterans of the Great War who have sadly passed into the annals of history now.



We live in a dangerous age in which many people would prefer that we forget the past and 'move on', as they say. Were we to do so, would at it be our Sunday Remembrance reminder of how precious the gifts of life and freedom are. It is an annual reminder that reflecting on the past, we all do our best for the generations who will succeed us by trying to build a better future, even in our own little realms.

# Poem page

# **Don't Forget Jesus**

Christmas is a special time To reflect on Jesus Christ, The wonder of His lowly birth Brings meaning to our lives

There really is no other reason,
We celebrate this day,
The birth of God's precious son
And the life, He willingly gave

But so much seems to distract us
In the busyness of our lives,
We lose our focus in all the
happenings,
Not knowing, we leave out Christ

We lose sight of the true meaning
As we endlessly rush about,
Trying to find that perfect gift,
Seems to crowd our Saviour out

We need to stop and reflect awhile, Remembering our precious Lord, His birth, His life and sacrifice And all that He stands for

For though the world may celebrate, It seems, though, for other reasons, Let's keep in mind that Jesus Christ Is the true meaning of the season.

Your Word

Your Word, O Lord
Is wisdom and truth
And we need to know this
When in our youth

To have it embedded

Deep in our hearts

To never give it up

And never let it part

We need to know
The truth there in
That will lead us to life
And free us from sin

Your Word, O Lord
Is faithful and just
And in your Word
We must put our trust

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# One day Blackpool Conference 2026



# Book the date Saturday 14<sup>th</sup> March 2026

Morning presentation with Fr Paul Fletcher SJ and Peter McDonough
Sheraton Hotel, 54-62 Queen's Promenade, Blackpool FY2 9RP
Meet friends, relaxed atmosphere, 3 course-meal, free afternoon
3pm Mass

10.30am till 4.30pm

All welcome









# Walsingham Pilgrimage

# Saturday 16th May 2026

Over 55 Deaf people from across the United Kingdom came to Walsingham in 2025.

You are all welcome to join our pilgrimage next year.

Pray for peace in the world, for our health, and for special

intentions, and receive special grace from our Lord Jesus Christ through His mother, Mary, the Mother of the Church.

Fr Paul Fletcher SJ will be joining the HCPT group 556 to Lourdes. James Fitzgerald BSL interpreter will also be going. The dates are 15<sup>th</sup> August to 22<sup>nd</sup> August 2026. If you wish to go, please contact HCPT group 556 to make your booking directly with them at: <a href="mailto:Group556@hcpt.org.uk">Group556@hcpt.org.uk</a>









# JOIN GROUP

15th Aug -22nd Aug 2020

contact
Group556@hcpt.org.uk



Total cost is £1400 Full Board, inc Insurance Flights, Transfers, Full itinerary

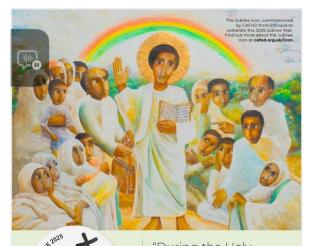
HCPT's Hosanna House offers life changing Summer pilgrimages to Lourdes for disabled and disadvantaged people of all ages. The attractive and tranquil home-from-home is in Bartrès near Lourdes. There are spectacular views of the Pyrenees from nearly every bedroom.

HCPT will organise every aspect of your pilgrimage holiday – from flights to dietary requirements.

Over each Summer more than 1,000 people enjoy the house, its chapel and other fully accessible facilities, and its proximity to the shrine of Lourdes.

HCPT (Hosanna House and Children's Pilgrimage Trust) is a registered charity in England and Wales (registration number 281074





The Jubilee year has been extended until 5<sup>th</sup> January 2026 by Pope Leo, if you would like to donate to CAFOD go to cafod.org.uk/jubilee



afod.org.uk/jubile

"During the Holy Year, we are called to be tangible signs of hope for those of our brothers and sisters who experience hardships of any kind."

POPE FRANCIS

Catholic Agency for CAF#D

Overseas Development

# Catholic Deaf Association



# Saturday 26th September 2026

The Catholic Deaf Association is pleased to invite you to the AGM which will be held in Westminster Cathedral Hall

Cathedral Hall, Ambrosden Avenue, SW1P 1QJ

Access to the Cathedral Hall is through the red doors in the Choir School Car Park

Please note there is no parking available

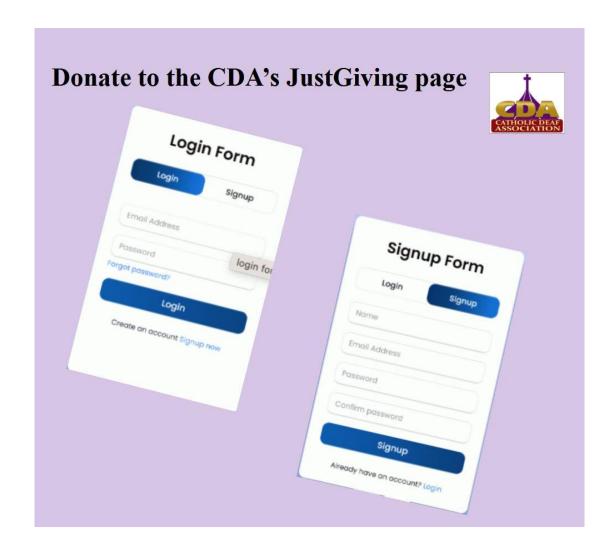
10.30am - 12.30pm AGM (Cathedral Hall, Ambrosden Ave)

In the afternoon, Caritas Deaf Service will be celebrating their 50th anniversary with a signed Mass and a reception.

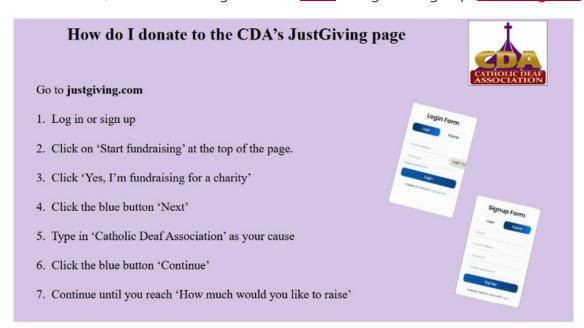
Please contact Shell Roca for more information either via email shellroca@rcdow.org.uk

or SMS 07779 341136

Email CDA Secretary: secretary@catholicdeaf.org.uk



On the website, use the following link: Click HERE to log in or sign up (JustGiving.com)



Please donate to support the work of the CDA. If you have issues trying to donate.

Contact <a href="mailto:secretary@catholicdeaf.org.uk">secretary@catholicdeaf.org.uk</a>. Thank you.

# - dates for your diary

Dates of events including dates of All Masses to be held at St John the Evangelist, Springfield Road, Horsham, RH12 2PJ - at **1pm** - on the **first** Saturday of each month with the exception of February, March, please see calendar below - also included in the diary are other diocesan and CDA events for your information.

Jan	3 <sup>rd</sup>	The Most Holy Name of Jesus
Feb	<b>7</b> <sup>th</sup>	5 <sup>th</sup> Sunday in Ordinary Time. <b>To be held at Our Lady of Sorrows, Lower Road, Effingham, Leatherhead, Surrey, KT24 5JP.</b> Usual time 1pm Mass followed by refreshment in hall.
Mar	7 <sup>th</sup>	3rd Sunday of Lent. To be held at Our Lady of Sorrows, Lower Road, Effingham, Leatherhead, Surrey, KT24 5JP. Usual time 1pm Mass followed by refreshment in hall.
Mar	14 <sup>th</sup>	CDA One day Blackpool Conference
Mar	28 <sup>th</sup>	Palm Sunday - To be held at Our Lady of Sorrows, Lower Road, Effingham, Leatherhead, Surrey, KT24 5JP.
April	3 <sup>rd</sup> — 6 <sup>th</sup>	Easter – Go to your local parishes if possible
May	2 <sup>nd</sup>	5th Sunday of Easter - Bishop Richard celebrating Mass - Horsham
May	16 <sup>th</sup>	CDA Pilgrimage to Walsingham
June	6 <sup>th</sup>	The Most Holy Body & Blood of Christ
July	<b>4</b> th	14 <sup>th</sup> Sunday in Ordinary Time
July	24 <sup>th</sup> – 31 <sup>st</sup>	Diocese Pilgrimage to Lourdes
August	<b>1</b> st	18 <sup>th</sup> Sunday in Ordinary Time - (No Mass)
Sept	5 <sup>th</sup>	23 <sup>rd</sup> Sunday in Ordinary time
Sept	26 <sup>th</sup>	Catholic Deaf Association - AGM
Oct	3rd	27 <sup>th</sup> Sunday in Ordinary Time
Nov	7 <sup>th</sup>	32 <sup>nd</sup> Sunday in Ordinary Time
Dec	5 <sup>th</sup>	2 <sup>nd</sup> Sunday of Advent (Year B)

Chaplain: Rev Fr Ian Byrnes.

10 Martlet House, Durrants Drive, Faygate, Horsham, RH12 4GA

Mobile – 07818 087992 Email – ian.byrnes@abdiocese.org.uk

**Priest:** Fr Rags Hay-Will Email - <a href="mailto:raglan.haywill@abdiocese.org.uk">raglan.haywill@abdiocese.org.uk</a>

CO-ORDINATORS - Peter Booker & Maria Booker

Communication/Information

Formation/Training

Mrs Maria Booker

Mr Peter & Maria Booker

Arundel & Brighton Pastoral Deaf Service
C/O St Philip Howard Centre, 4 Southgate Drive,
Crawley, West Sussex, RH10 6RP

Website: <u>Deaf Community - abdiocese.org.uk</u> www.abdiocese.org.uk/diocese/deaf-community

Maria Booker: Mobile No: SMS 07970428601 (text only) (Please ensure to add your name at end of message).

Email: peterandmaria.booker@abdiocese.org.uk

### **Prayer Group**

Peter and Maria Booker – Maria Plumbley

Preparing Mass Liturgy: Maria Plumbley – Supported by Peter Booker

Stewardship: Peter Booker

**Social Event:** Maria Booker – Supported by volunteers.

Communication Support: Cathy Marchant and team of communicators

**Raffle:** Peter Booker – Supported by volunteers

**Hospitality:** Goretti Robertson – Supported by volunteers

#### **December 6th Mass**

#### A READING FROM THE GOSPEL OF

Matthew 3: 1-12 - 2nd Sunday of Advent

John the Baptist came and began preaching in the desert of Judaea. John said, 'Repent, change your hearts, because God's kingdom is coming soon. The prophet Isaiah had already written about John the Baptist. In the book of Isaiah, it says:

"Someone (John the Baptist) shouts in the desert: 'Prepare the way for the Lord. Make his paths straight."

John's clothes were made from camel's hair. He had a leather belt round his waist. He ate locusts and wild honey. People went to hear John preach. They came from Jerusalem and all over Judaea. They confessed their sins and John baptised them in the river Jordan. Many Pharisees and Sadducees came to the river to be baptised. But John saw them and he said, 'You snakes! Who told you that you could escape from the punishment of God? You must show you have changed your lives and stopped sinning. You must not think you can protect yourselves by saying, "Abraham is our father." I tell you God could take these stones and, from them, make children for Abraham. The axe is ready to cut down the trees. Any tree that does not give good fruit will be cut down and thrown into the fire. I baptise you with water to show that you have repented. But someone will come soon that is more powerful than me. I am not good enough to carry his sandals. He will baptise you with the Holy Spirit and fire. He will separate the wheat from the straw and keep the good wheat. The rotten straw he will throw into a fire that will never go out.'

THE GOSPEL OF THE LORD

PRAISE TO YOU LORD JESUS CHRIST

# Links: A&B Deaf Service: www.abdiocese.org.uk/diocese/deaf-community CDA website: catholicdeaf.org.uk/

Caritas Deaf Service Westminster: <a href="www.caritaswestminster.org.uk/deaf-service.php">www.caritaswestminster.org.uk/deaf-service.php</a>

Sign of Hope – Deaf Counselling: Westminster Diocese

Do you have a problem that you would like to talk to someone about confidentially?

Do you need some support through a difficult time in your life?

Do you find it difficult to cope with life sometimes?

Maybe counselling would help.

Contact: Nikki Dhillon Keane email: <a href="mailto:signsofhope@rcdow.org.uk">signsofhope@rcdow.org.uk</a> SMS: 07936 939522

Any counsellor working for Westminster diocese is fully qualified and either BACP accredited or eligible for BACP accreditation. All counsellors would follow the BACP Code of Ethic and Practice

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#### **Some information for you:** Signed Masses:

BSL Signed Mass by Fr Paul Fletcher SJ, CDA Chaplain, from Fr Paul's Jesuit Oratory, Manchester, England. You can find this on the CDA website:

www.catholicdeaf.org.uk YouTube and CDA Facebook page.

www.facebook.com/catholicdeaf/

Zoom - 976 2057 9331

Password is: CDA-1971

#### Fr Paul Masses are recorded and can be seen anytime during the week.

If you are not able to attend Mass at 8am, you can watch it later via the following link: <a href="mailto:catholicdeaf.org.uk/mass/">catholicdeaf.org.uk/mass/</a>

When sometimes we don't know what to pray, download the Pray As You Go app at <u>prayasyougo.org</u> This may help you.



"Advent is a journey towards Bethlehem. May we let ourselves be drawn by the light of God made man." —Pope Francis

"Let's approach Christmas with an expectant hush, rather than a last-minute rush." —*Anonymous* 

Wishing you all a prayerful Advent and a Joyful and peaceful Christmas.

Frian, Fr Rags,

Maria and Peter